| 7:00am-8:30am | Limited Learning Centers |
| :---: | :---: |
|  | Varying center \& table activities available; see Teacher for specifics. |
| 8:30am-9:30am | Outdoor Time |
|  | Opportunities for Nature Walks, Sand play, Bike Riding, Dramatic Play, Puzzles, Chalk \& Teacher interaction. |
| 9:30am-9:45am | Snack Time |
|  | Variety of nutritional snacks served family style such as: yogurt, cereal, toast or oatmeal. |
| 9:45am-10:00am | Morning Large Group Time |
|  | Circle Time: Calendar, Weather, Singing, listening to flannel stories \& books and discussions. |
| $\begin{gathered} \text { 10:00am-10:40am } \\ \text { Groups Rotate } \\ \text { 10:40am-11:20am } \end{gathered}$ | Learning Center Time (Group 1) |
|  | Interactive play with varied group sizes; Teacher initiated, theme-related activities/projects and free exploration. |
|  | Outdoor Time (Group 2) |
|  | Opportunities for Nature Walks, Sand play, Bike Riding, Dramatic Play, Puzzles, Tire Swing, Chalk \& Teacher interaction. |
| 11:45am-12:05pm | Lunch Time |
|  | Variety of nutritional meals are served family style such as: Pasta Bake with fruit, vegetables \& milk. |
| 12:05pm-12:30pm | Outdoor Time (All) |
|  | Time for gross motor and to use of the restroom. |
| 12:30pm-3:00pm | Rest/Nap Time |
|  | Opportunity for children to rest and relax after the busy morning routine. |
| 3:15pm-3:30pm | Afternoon Snack |
|  | Variety of nutritional snacks served family style such as: Fresh Fruit and Breadsticks with Water. |
| 3:30pm-4:10pm | Afternoon Large Group Time |
|  | Circle Time: Singing, listening to flannel stories \& books and reflection of their day at school. |
| 4:15pm-4:30pm | Limited Learning Centers |
|  | Read, sing or listen to a flannel story or story on tape/cd; skill-building. |
| 4:30pm-5:15pm | Outdoor Time (Gross Motor) |
|  | Opportunities for Sensory experience, Sand play, Bike Riding, Dramatic Play, Puzzles, Chalk \& Teacher interaction. Clean-up. |
| 5:15pm-5:30pm | Limited Snack Time |
|  | Variety of nutritional snacks served in limited quantities, such as, crackers and water. |
| 5:30pm-6:00pm | Limited Learning Centers |
|  | Short circle time and center/table activities. |

