

## Junior Pre-K Flexible Schedule

\*Subject to change

7:00am-8:30am	
	Varying center & table activities available; see Teacher for specifics.
	Outdoor Time
8:30am-9:30am	Opportunities for Nature Walks, Sand play, Bike Riding,
	Dramatic Play, Puzzles, Chalk & Teacher interaction.
	Snack Time
9:30am-9:45am	Variety of nutritional snacks served family style such as:
	yogurt, cereal, toast or oatmeal.
0.45	Morning Large Group Time
9:45am-10:00am	Circle Time: Calendar, Weather, Singing, listening to flannel stories & books and discussions.
10:00am-10:40am	Learning Center Time (Group 1)
10.00am-10.40am	Interactive play with varied group sizes; Teacher initiated, theme-related activities/projects and free exploration.
Groups Rotate	Outdoor Time (Group 2)
10:40am-11:20am	Opportunities for Nature Walks, Sand play, Bike Riding,
101104111111204111	Dramatic Play, Puzzles, Tire Swing, Chalk & Teacher interaction.
	Lunch Time
11:45am-12:05pm	Variety of nutritional meals are served family style such as:
·	Pasta Bake with fruit, vegetables & milk.
12:05nm 12:20nm	Outdoor Time (All)
12:05pm-12:30pm	Time for gross motor and to use of the restroom.
	Rest/Nap Time
12:30pm-3:00pm <sub>O</sub>	pportunity for children to rest and relax after the busy morning routine.
	Afternoon Snack
3:15pm-3:30pm	Variety of nutritional snacks served family style such as:
	Fresh Fruit and Breadsticks with Water.
	Afternoon Large Group Time
3:30pm-4:10pm	Circle Time: Singing, listening to flannel stories &
	books and reflection of their day at school.
	Limited Learning Centers
4:15pm-4:30pm	Read, sing or listen to a flannel story or story on tape/cd; skill-building.
	Outdoor Time (Gross Motor)
4:30pm-5:15pm	Opportunities for Sensory experience, Sand play, Bike Riding,
	Dramatic Play, Puzzles, Chalk & Teacher interaction. Clean-up.
	Limited Snack Time
5:15pm-5:30pm	Variety of nutritional snacks served in limited quantities,
	such as, crackers and water.
	Limited Learning Centers
5:30pm-6:00pm	Short circle time and center/table activities.